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Cox Home Life
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Messiah Lutheran Church
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Vendors:

Parman & Easterday
Concordia Life Care Community
Sunbeam Family Services
Alzheimer's Association
DHS Adult Protective Services
Senior Transitions
Villages OKC
Oklahoma Hospice Care
Valir PACE
Laura Lynn's Home Care
Cox Home Life
Home Instead
Well Preserved Advisory Group
DHS Aging

Conference Speakers:

Patrick O'Kane & Jessica Welp, Sunbeam Family Services
Carla Scull, Alzheimer's Association
Herb Magley, Alzheimer's Advocate
Jerry Shiles, Parman & Easterday
Mat Jones, Oklahoma Hospice Care
Jo Clipson, Crossroads Hospice
Larry Mitchell, Good Shepherd Hospice
Rev. Marvin Henschel, Messiah Lutheran Church
Becky Grantham, Laura Lynn's Home Care
Rick & Denise Guttenburger, Senior Care Referral Services
Heather Gfeller, Bellevue Health and Rehab Center
Sherry Stoneking, Abiding Home Health
Thom Bishop-Miller, LPN, Humanity Hospice
Scott Hadden, Scope Ministries

Concordia Life Care Community

7707 W Britton Rd

Oklahoma City, OK 73132

Navigating the
Challenges
of Aging



FIFTH ANNUAL CONFERENCE

NON-DENOMINATIONAL
WORKSHOPS & RESOURCES

To Empower
Pastors & Faith-Based
Community Leaders

MONDAY, MAY 20, 2019

8:00 am - 3:00 pm

MESSIAH LUTHERAN CHURCH

3600 NW Expressway
Oklahoma City, OK 73112

Agenda

8:00 CHECK IN

8:30 OPENING DEVOTION

8:45 CARING FOR YOURSELF SO
YOU CAN CARE FOR YOUR FLOCK

9:30 HEALTHY LIVING FOR YOUR
BRAIN & BODY

10:15 BREAK AND RESOURCE FAIR

10:30 BREAKOUT SESSIONS:

PASSION & PURPOSE: SENIOR
VOLUNTEERS

~OR~

NAVIGATING THE LEGAL,
FINANCIAL AND EMOTIONAL
CHALLENGES OF AGING

11:30 LUNCH AND TABLE
DISCUSSION

12:00 DIFFICULT
CONVERSATIONS FOR END OF
LIFE

12:45 SENIOR RESOURCE
BOOTCAMP

1:45 BREAK & RESOURCE FAIR

2:00 HE LOVES ME, HE LOVES ME
NOT?

3:00 CLOSING REMARKS

**A conference for the faith-based
community to provide information
and resources related to aging.**

ADMISSION IS FREE
**Complimentary lunch provided by
our sponsors.**

RSVP

Call: 405-286-9009
(24-hr Hotline) OR
go to: www.ParmanLaw.com
click 'Attend a Seminar' button
(top right)

Space is Limited!

Register TODAY

ABOUT THE CONFERENCE

This conference design is to empower the faith based community in caring for older adults and their families in two ways. First, we will connect you with trusted education, resources and professionals who specialize in health and end-of-life challenges, legal and financial considerations, isolation, physical obstacles, safety tips, and more. We will address practical ways the church can support families walking through these challenges.

Second, through feedback from church leaders, we have discovered that you seek guidance for your own personal well-being. The challenge arises because you are expected to have all the answers; provide the perfect guidance for any situation a congregant may find themselves in; and be "on point" ALL of the time. But this is impossible. Why? Because we are all human, and humans cannot be perfect all of the time or have every answer. We are here to help.

This pressure can take a massive toll on faith-based community leaders – spiritually, relationally, emotionally, physically, financially, vocationally, and intellectually. We will address this burden and provide a foundation for ongoing healing and rejuvenation in every area of your life. Ultimately, we want to help answer the question, "How can you truly care for your flock when you do not care for yourself and your team first?"

Bring your questions and experiences as we explore the different aspects of personal health, aging, and caregiving together.

Who Should Attend? Lead clergy, lay leaders, church administrative teams, Sunday school teachers, Senior Adult/Family program ministers, church secretaries, parish nurses, and volunteers.